



# Health Goes Global

*Elevating quality of life in underserved areas of our world through preventative health care.*



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**2020 Q2 IMPACT REPORT**

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**Board of Directors:**

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# Kopila Valley Clinic Surkhet, Nepal

\$3,000



## IMPACT:

- Annual physical examination performed at the beginning of each school year for all students.
- Hearing and vision screening program to identify students who need hearing augmentation or visual acuity correction.
- School-wide anti-parasitic program to decrease intestinal parasites and to prevent new ones.
- Extensive dental hygiene program, including daily tooth brushing at school, dental exams by a local dentist and treatment when necessary
- Tuberculosis screening program to identify active cases of tuberculosis and to curbe its spread.

## PRE COVID:

Our clinic was in regular operations from February 1st through March 18th:

- We have served over 183 students, females (92) and males (82).
- 167 visits occurred from staff members, seeking basic medical checkups and screenings.
- 2 cases that came to our clinic were successfully referred to a specialist to ensure the student receives adequate care.
- 3 different formal health-care related workshops took place on campus related to COVID-19, hand-washing, and food handling hygiene in addition to extensive communication during morning assemblies.
- The clinic addressed 341 specific cases. We categorized 13 different types of medical treatments.
- The majority of our students received medical treatment for common cold (182), gastro-intestinal (46), and minor injuries (29).

## BACKGROUND

After the Kopila Valley School opened in 2011, BlinkNow quickly realized that many students attending school were not healthy or nourished. To this end, the Kopila Valley Health Clinic was established in 2011 to provide preventive and primary care, as well as basic health education to the students and staff of Kopila Valley. Through education and prevention, the Clinic's full-time clinic administrator and pharmacist have worked endlessly over the years to keep the Kopila Valley students healthy and strong.

The Clinic serves over 500 students and staff members of the Kopila Valley School as well as low socioeconomic community members who need support fulfilling prescriptions and other basic medical needs.

Its Program Manager, Meelan Karki, who has been with Kopila Valley for over six years, oversees the Clinic's health and wellness team. The Clinic operates with the help of two staff members, including Health Assistant Navaraj Chalise, and Clinical Assistant Karma Singh.

Health Goes Global began our partnership with BlinkNow and the Kopila Valley Clinic in January of 2020.

*"The entire staff of BlinkNow wants to thank Health Goes Global for your initial support of our Kopila Valley Health Care Clinic and our health programs. It is critical—especially now, to provide proper and timely healthcare to our students and staff. Your new partnership helps us to realize our vision that every child is safe, educated, and loved."*

*-Ashley Dittmar  
Director of Development  
BlinkNow*

## BACKGROUND

Project 10,000 is an effort to reduce maternal and infant mortality rates in Africa by providing 10,000 women with kits containing the supplies necessary for a sterile birth and items to keep their newborn warm.

Maternal and infant mortality rates in Africa are unacceptably high. Many women and babies die from infection after childbirth and the sterility of birthing supplies seems to lie at the heart of the problem. By providing pregnant women with kits containing sterile equipment which they will give to the doctor at the time of delivery, we can dramatically decrease postpartum complications. The kits will also include items to ensure babies are kept warm and dry after birth.

Health Goes Global began our partnership with Partners For World Health supporting Project 10,000 in January of 2020.

*Quantitative studies showed a positive impact of Clean Birthing Kits (CBK) on reducing the incidence of puerperal sepsis and neonatal tetanus. The review also identified CBK use to be associated with a reduction in perinatal, neonatal and young infant mortality.*

*-Lassi, Z. S. et al, (2019). Effectiveness of birthing kits for clean childbirth: A systematic review. International Health, 12(1), 3-10. doi:10.1093/inthealth/ihz022*

## 2020 Q2 IMPACT

# Project 10,000 Bor, South Sudan

\$2,000



## IMPACT

- Shipment of 10 checked bags
- Bringing 350 birthing kits to Africa
- Supplying 90 days of prenatal folic acid vitamins and post-delivery iron supplements for 160 moms

Each woman has a one on one conversation with a volunteer and translator if needed to ensure they understand the Project 10,000 program. They then attend a 30 minute educational lecture about pregnancy and signs of distress. They are given the birthing kits and instructions on who can use them to help during their delivery.

2020 Q2 IMPACT

# COVID 19 Response: PPE to Hospitals New York City, NY

\$265.31



## IMPACT

- 4,500 medical examination gloves sent to New York City hospitals facing the highest number of coronavirus cases
- Protecting 2,250 health care workers from contracting or transmitting COVID-19

## BACKGROUND

In April of 2020 more than 45,000 people had died from complications caused by COVID19. Over one third of those deaths were in New York City alone.

Health Goes Global reallocated our surplus of 4,500 medical examination gloves to New York City hospitals facing the highest number of coronavirus cases in our country. Our donation was made through the New York State Department of Health.

Our mission to improve health in communities through preventative medicine, includes protecting the health care worker. Providing medical staff with gloves enables them to continue serving those in need.

*New York State is doing all it can to keep New Yorkers safe and stop the spread of COVID-19. But we're stronger if we all work together. Governor Cuomo is calling on health care professionals, schools of public health or medicine and PPE products providers and manufacturers to come forward to support the state's response. It's going to be hard, it's going to be disruptive, but we will get through this together.*

*-New York Department of Health*

2020 Q2 IMPACT

# COVID 19 Response: Migrant Crisis Surkhet, Nepal

\$1030.63

## BACKGROUND

Many Nepalese people travel to neighboring India for more work opportunities and higher wages. COVID19 led to nationwide shutdowns in India, leaving these Nepalese workers unemployed and homeless. The Indian government agreed to bus over 100,000 Nepalese migrant workers back to Nepal. This led to a crisis at the border where hundreds of thousands of people were stuck, without food and water, waiting for medical tests to prove they are negative for COVID19 before they can take transportation back to their small villages.

Our partners, BlinkNow, were uniquely positioned to respond to this humanitarian crisis. They were on the scene consoling these people and providing food, water and shelter before the Nepal National Guard, the Red Cross, and Amnesty International.

A BlinkNow Health Crisis Response Team was assembled to care for medical concerns for the many days before federal assistance arrived. BlinkNow responded to this crisis on May 28th and Health Goes Global's support came on June 5th, 2020.

*"I say this with great humility, but I've never been more proud of our organization. In our many years in Nepal, I don't believe we've ever done greater work or saved more lives. In this case, we were in the right place at the right time and we had your funding, trust, and support. Thank you!"*

*-Maggie Doyne  
Co-Founder, CEO BlinkNow*



## IMPACT

\$1,000 USD contributed to the purchasing of:

- Meal Kits were provided to 891 families in the community from 14 different districts and 332 of our students
- Each meal kit provides two weeks' worth of meals for a family of five
- Over 10,000 lbs of food: Data from May 14th reports 33,830 kg Rice, 5,735 kg Dal/Pulses, 1,354 L Cooking Oil, 1,354 servings of salt, and tons of our grown vegetables (3,324 kg purchased)
- 1,354 bars of soap for our Kopila families and other vulnerable community members
- Provided 1600 masks for our team, the community's health care workers and citizens

2020 Q2 IMPACT

# Racial Injustice in Health Care Response: WA Therapy Fund Seattle, WA

\$1,000



## IMPACT

- Ensure Black therapists are paid fairly for providing care to uninsured and lower-socioeconomic status clients
- Cover the cost of 8 one-hour therapy sessions

***Studies show African Americans are just as much at risk for mental illness as their white counterparts, yet receive substantially less treatment.***

***-Denton, N. A., & Anderson, B. J. (2005). Poverty and Race Research Action Council analysis of U.S. Census Bureau data. The Opportunity Agenda.***

## BACKGROUND

The mission of the WA Therapy Fund is to alleviate the burden of cost and burden of discount to both Black clients and the therapist who serve them. The WA Therapy fund foundation seeks to grant free therapeutic services to those within the Black community who are in need, and suffering from racial trauma, anxiety, depression, and other ailments due to systemic oppression, economic sufferings, and intergenerational trauma that has not been addressed in the past. WA therapy fund also aims to support the tuition costs of Black clinicians who will serve this community.

The vision of the WA Therapy Fund is to eliminate barriers to Black healing through providing therapeutic services at no cost to the client, while paying the therapists who serve them an adequate rate, along with tuition assistance. We envision this will prevent burn out, while supporting therapists business cost, potential student loan debt, and the cost of living.

Health Goes Global began our partnership with WA Therapy Fund in September 2020 in an effort to play a role in eliminating some of the barriers to Black healing and systemic racism in access to preventative health treatment within the Black community.

*"Children of color deal with racial trauma and stressors that other children do not experience because of racism."*

*-Ashley McGirt  
Founder & Licensed Mental Health Therapist*