



Health Goes Global

Elevating quality of life in underserved areas of our world through preventative health care.



**2021 YEAR END
IMPACT REPORT**

Board of Directors:

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2021 Q2 IMPACT

Ogolai Primary School Transformation

Ogolai village, Oyomai parish, Kalaki, Uganda

Partner since 2020: Surge for Water

Well Rehabilitation: \$3,000



IMPACT

- These efforts will bring clean and safe drinking water to **1,300** community members and students
- All water sources are tested for contamination before and after construction. Tests will be conducted by our local team for 2 years post intervention to ensure that the Borehole is properly maintained.



BACKGROUND

Health Goes Global is proud to work with **Surge for Water** on our biggest collaboration in 2021! Since 2008, Surge for Water has been investing in communities to provide holistic, sustainable, and long-term solutions with a focus on clean water. Our work will impact the Kalaki community, which is one of the 'Forgotten Districts' of Northern Uganda. These communities were the last frontier for Uganda's most recent civil wars, which resulted in extreme poverty and lack of safe water access. As a result, these vulnerable communities suffer from water, sanitation, and hygiene-related illnesses.

Members of the Kalaki community travel long distances to obtain clean drinking water as their local borehole has leaky pipes, contaminating the water. The well rehabilitation will provide safe drinking water closer to the point of consumption.

"I and all the other pupils are so happy about the changes at our school borehole. This change has brought sanitation, hygiene, and health to us all. Before, this borehole was dirty with houseflies all over. The water was very hard to pump. It took a long time and a lot of energy to get water flowing out. It was also very brown, dirty water. It was nasty to fetch or drink water from here but we endured because there was no other option. But with this positive change, all is now okay. You see the smile on my face as I drink fresh, clean water – this says it all. Thank you for restoring our sanitation, health, and hygiene. We are now healthy children."

**– Agwanyu Mary,
Primary 6 student**

BACKGROUND

In addition to the unsafe drinking water conditions, the Ogolai Primary School has dilapidated and unsanitary latrines (shown below). The bathrooms now are falling apart with foundation cracking. Additionally, they are missing doors and have no sink or near by location to wash one's hands. The latrines we are constructing will have 5 stalls and a washroom. There will be an incinerator for contaminated hygiene products and the roof will collect rain water to supply the sinks with water.



"These toilets mean improved health, income, dignity, and overall well-being for generations to come!"

-Shilpa Alva
Executive Director & Founder
Surge for Water

2021 Q2 IMPACT

Ogolai Primary School Transformation

Ogolai village, Oyomai parish, Kalaki, Uganda

Partner since 2020: Surge for Water

Latrine Construction: \$7,000



IMPACT

- **371** students now have access to 5 clean, well-ventilated, private latrines
- Water catchment system allows for running sink water and provided soap allows for proper hand hygiene
- The construction of these latrine created 24 temporary jobs in the community
- Once full, the toilets can be drained (not replaced).

2021 IMPACT

Kopila Valley Clinic

Surkhet, Nepal

Partner since 2020: Blink Now

\$5,000



IMPACT:

In 2021 Health Goes Global funded **6.6% of operating budget** serving 420 students, 120 staff members, and their respective communities.

- Annual physical examination performed at the beginning of each school year for all students.
- Hearing and vision screening program to identify students who need hearing augmentation or visual acuity correction.
- School-wide anti-parasitic program to decrease intestinal parasites and to prevent new ones.
- Extensive dental hygiene program, including daily tooth brushing at school, dental exams by a local dentist and treatment when necessary
- Tuberculosis screening program to identify active cases of tuberculosis and to curbe its spread.
- Had over 1000 non-covid related clinic visits (**600 students, 417 staff, 18 community members**). The top three reasons for visits were gastrointestinal, seasonal common complaints and orthopedic.
- Distributed iron and folic acid for teenage girls as per the Nepal government plan
- Treated daycare children with chicken-pox-like rashes

BACKGROUND

After the Kopila Valley School opened in 2011, **BlinkNow** quickly realized that many students attending school were not healthy or nourished. To this end, the Kopila Valley Health Clinic was established in 2011 to provide preventive and primary care, as well as basic health education to the students and staff of Kopila Valley. Through education and prevention, the Clinic's full-time clinic administrator and pharmacist have worked endlessly over the years to keep the Kopila Valley students healthy and strong.

The Clinic serves over 420 students, 120 staff members as well as low socioeconomic community members who need support fulfilling prescriptions and other basic medical needs.

2021 IMPACT

Kopila Valley Clinic

Surkhet, Nepal

Partner since 2020: Blink Now

"The entire staff of BlinkNow would like to thank Health Goes Global for your support. We believe it is critical—especially now—to provide proper and timely healthcare to our students and staff. Your assistance is not only directly helping individuals in this time of urgent need, but also helps us to realize our wider vision that every child is safe, educated, and loved. We are very fortunate to have you as a part of the BlinkNow family!"

-Bidisa Rai
Director of Development
BlinkNow



COVID19 RELATED:

- **As of June 1, 2021 no lives under our care have been lost to COVID-19.**
- Conducting hundreds of daily temperature checks, symptom monitoring and guardian check-ins for the wellbeing of the campus between January and April (while the school was open)
- Facilitating 7 COVID-19 orientation sessions for teachers and staff, including training bus-drivers and guards on how to use a thermo-gun and monitor for coronavirus symptoms
- Implementing safety protocols for all students, including mental health surveys, cleaning schedules, BMI check-ins and enhanced nutrition
- Running a wellbeing monitoring system of check-ins of all students and families during school closure (as is the current situation). Staff asks questions related to COVID-19 symptoms, taking both and new and old strains into account.
- Referring symptomatic cases to free testing via the district health office or municipality, or emergency paid testing if needed. We reimburse the bill based on the economic status of the family.
- Following up closely with positive COVID-19 cases.
- Designing and implementing a new electronic medical system to manage patient records

2021 IMPACT

Ngäbe Community Support:

Bocas del Torro, Panama

Partner since 2017: Floating Doctors

\$3,500



IMPACT:

Items purchased with our contribution:

- \$550 - Personal protective equipment: gloves, masks, face shields
- \$250 - Soap
- \$1,350 - Period packs for women
- \$1,350 - Contraceptives

BACKGROUND

Health Goes Global supports the sustainable health care brought to vulnerable, remote Ngäbe communities in the archipelagos of Bocas del Torro, Panama. For some Ngäbe people, they would have to travel 6 hours by boat to the nearest hospital to seek medical care. Fortunately, mobile clinics to these communities are carried out by **Floating Doctors**. Ongoing primary care, emergency care, dental care, education, advocacy, training, and community development is brought to upwards of 200 patients on clinic days. An emphasis on preventative care and sustainability is achieved by revisiting these remote villages every 3 months to manage their chronic health issues.

In the wake of COVID19 priorities have shifted and within these remote villages, elders and infants are suffering from malnutrition and discontinuation of life-saving medications. Fortunately, Floating Doctors has special permission from the Panamanian government to travel with extreme precaution to these vulnerable communities in 2021, many of which are only accessible via boat.

BACKGROUND

Project 10,000 is an effort to reduce maternal and infant mortality rates in Africa by providing 10,000 women with kits containing the supplies necessary for a sterile birth and items to keep their newborn warm.

Maternal and infant mortality rates in Africa are unacceptably high. Many women and babies die from infection after childbirth and the sterility of birthing supplies seems to lie at the heart of the problem. By providing pregnant women with kits containing sterile equipment which they will give to the doctor at the time of delivery, we can dramatically decrease postpartum complications. The kits will also include items to ensure babies are kept warm and dry after birth.

Quantitative studies showed a positive impact of Clean Birthing Kits (CBK) on reducing the incidence of puerperal sepsis and neonatal tetanus. The review also identified CBK use to be associated with a reduction in perinatal, neonatal and young infant mortality.

Citation: Lassi, Z. S. et al, (2019). Effectiveness of birthing kits for clean childbirth: A systematic review. International Health, 12(1), 3-10. doi:10.1093/inthealth/ihz022

2021 IMPACT

Project 10,000 Gulu, Uganda

Partner since 2020: Partners for World Health

\$2,000 gifted in 2020, Impact in 2021 due to COVID-19 travel bans



IMPACT

- Shipment of 10 checked bags
- Bringing 350 birthing kits to Africa
- Supplying 90 days of prenatal folic acid vitamins and post-delivery iron supplements for 160 moms

Each woman has a one on one conversation with a volunteer and translator if needed to ensure they understand the Project 10,000 program. They then attend a 30 minute educational lecture about pregnancy and signs of distress. They are given the birthing kits and instructions on who can use them to help during their delivery.

2021 IMPACT

Cliniques Mobiles: Abricots, Haiti

2021 Humanitarian Relief Funds

\$2,000



IMPACT:

- Funded 53% the total cost for 10 clinics serving 2,185 patients
- First aid items and medicines
- Clinic dates from September 10 - October 3, 2021 in the following towns:
 - 1) La Tibolierie - 111 patients
 - 2) Previlier - 251 patients
 - 3) Te Rouj, Dayere - 232 patients
 - 4) Moron - 212 patients
 - 5) Grand Vincent - 310 patients
 - 6) Les Casses - 204 patients
 - 7) Anse a Macon - 230 patients
 - 8) Point Sables - 192 patients
 - 9) Anse du Nord - 188 patients
 - 10) Chardonette - 255 patient

BACKGROUND

Health Goes Global is not an emergency response non-profit organization. However, in March of 2020 with the onset of the Covid-19 pandemic Health Goes Global responded the immediate need for PPE. Following this, our Board of Directors voted to hold \$2,000 in Humanitarian Relief Funds in future years to allow us to respond quickly to situations that align with our mission to elevate the quality of life for people in underserved communities through preventive health care.

Saturday August 14, 2021 a 7.2 magnitude earthquake struck Southern Haiti causing devastation and destruction to an area of the island that had barely recovered from the 2010 earthquake and Hurricane Matthew in 2016. This natural disaster has left over 37,000 homes destroyed, taken the lives of nearly 1,500 people, injured over 6,000 residents, and kept search crews busy looking for missing loved ones.

We are honored to support the work of Abricots Mobile Clinic in Southern Haiti. Five doctors and 10 nurses are working tirelessly to bring their mobile clinic to those in need. They are providing basic medical care and providing lifesaving medicines for individual with previous diagnoses who are no longer able to reach health care infrastructure to obtain their medicines.

2021 Impact Summary



- 1,300 people gained access to clean water
 - 1 well rehabilitated in Uganda
- 371 students gained access to sanitation
 - 5 latrines built in Uganda
- 1,235 people received health care in Panama and Nepal
- 350 women received birthing kits in Uganda
- 160 moms received prenatal vitamins in Uganda
- 10 mobile medical relief clinics in Haiti



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